

2024 Frisco Skateboard Camp Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15am—Drop Off	9:00-9:15am—Drop Off	9:00-9:15am—Drop Off	9:00-9:15am—Drop Off	9:00-9:15am—Drop Off
9:15-10:00am Camp Introductions/Name Game/Camp Rules Discuss rules	9:00-10:00am Stretch/Warm up	9:00-10:00am Stretch/Warm up	9:00-9:30am The Science of Board assembly	9:00-10:00am Goals for the Day
10:00am-10:30am Stretch/Skate Park Tour	10:00-11:00am Half Cabs/Kick Turns	10:00am-11:00pm Drop-ins	9:30-11:00am Jump Challenge	10:00am-11:00am Gypsum Skatepark
10:30am-12:00pm Concussion Protocol	11:00am-12:00pm Steering Skills	11:00-12:00pm Goal Check-in	11:00am-12:00pm Body Variables	11:00am-12:00pm Gypsum Skatepark
12:00-1:00pm—Lunch	12:00-1:00pm—Lunch	12:00-1:00pm—Lunch	12:00-1:00pm—Lunch	12:00-1:00pm—Lunch
1:00-3:00pm Stance Practice	1:00-2:00pm Cone Slalom	2:00-4:00pm Game of S.K.A.T.E.	1:00-2:00pm Boulder Garden	1:00-2:00pm Gypsum Skate Park
3:00-4:00pm—Tic Tac	2:00-4:00pm—Free Skate	4:00-4:30pm—Best Trick	2:00-4:00pm—pump the bumps	2:00-3:00pm—Skater’s Choice
4:00-4:30pm—Free Skate	4:00-4:30pm—Free Skate	4:00-4:30pm—Free Skate	4:00-4:30pm—Free Skate	3:00-4:30pm—Popsicle Party! Goals recap
4:30-5:00pm—Pick up	4:30pm-5:00pm—Pick up	4:30-5:00pm—Pick up	4:30-5:00pm—Pick up	4:30-5:00pm—Pick up

Campers should bring:

Sack Lunch	2 Snacks	Sunglasses	Skate Shoes
Water Bottle	Sunscreen	Helmet	Hat
Extra Layers	Skateboard	Knee & Elbow Pads	



Skate Camp Phone: 970-331-3285

*All activities are subject to change