

**2023 Frisco Triathlon Wave Assignments***Names in **BOLD** are teams*

<b>Last Name</b>	<b>First Name</b>	<b>Wave &amp; Start Time</b>
Andre	Jay	Wave 1 8:30am
Arsenault	Sean	Wave 1 8:30am
Bast	Keegan	Wave 1 8:30am
Bast	Maddie	Wave 1 8:30am
Boersma	Ryan	Wave 1 8:30am
Bradberry	Andrew	Wave 1 8:30am
Call	Andy	Wave 1 8:30am
Call	Sam	Wave 1 8:30am
Crew	Abby	Wave 1 8:30am
Crews	James	Wave 1 8:30am
Crossland	Blake	Wave 1 8:30am
Crossland	Dylan	Wave 1 8:30am
Dellinger	Aubrie	Wave 1 8:30am
Dorr	Jon	Wave 1 8:30am
Finck	Daniel	Wave 1 8:30am
Firestone	Roy	Wave 1 8:30am
Grube	Dave	Wave 1 8:30am
Hagel	Anna	Wave 1 8:30am
Jackman	Michael	Wave 1 8:30am
Keefe	Ryan	Wave 1 8:30am
Kelley	Kathleen	Wave 1 8:30am
Kugler	Chelsie	Wave 1 8:30am
Lacy	Gary	Wave 1 8:30am
Lantz	Michael	Wave 1 8:30am
Lewin	Timothy	Wave 1 8:30am
MacKey	Hugh	Wave 1 8:30am
Malone	Kevin	Wave 1 8:30am
Martin	Jeffrey	Wave 1 8:30am
Maynes	Patrick	Wave 1 8:30am
Maze	Rhea	Wave 1 8:30am
McBride	Dalton	Wave 1 8:30am
Morrone	Courtney	Wave 1 8:30am
Musick	Kenny	Wave 1 8:30am
Myers	Jeremy	Wave 1 8:30am
Partlow	Michael	Wave 1 8:30am
Paterson	Jacob	Wave 1 8:30am
pine	stacie	Wave 1 8:30am
Prentice	Heather	Wave 1 8:30am
Pring	Adam	Wave 1 8:30am
Reis	Wyatt	Wave 1 8:30am
Ritchie	Kelly	Wave 1 8:30am
Ritchie	Matthew	Wave 1 8:30am
Roehrs	Mike	Wave 1 8:30am
Rogers	Michael	Wave 1 8:30am

Rogers	Robert	Wave 1 8:30am
Ruggiero	Victor	Wave 1 8:30am
Rutter	Michael	Wave 1 8:30am
Smith	Rob	Wave 1 8:30am
Smith	Rich	Wave 1 8:30am
Stevenson	Kristen	Wave 1 8:30am
Swanson	Jerod	Wave 1 8:30am
Thornton	Mikhaila	Wave 1 8:30am
Torkilson	Justin	Wave 1 8:30am
Walsh	Jon	Wave 1 8:30am
Wensel	Tara	Wave 1 8:30am
Willimon	John David	Wave 1 8:30am
<b>Aakre</b>	<b>Ben</b>	<b>Wave 2 8:40am</b>
Beveridge	Thomas	Wave 2 8:40am
Boersma	Heather	Wave 2 8:40am
<b>Boyce</b>	<b>Leidy</b>	<b>Wave 2 8:40am</b>
Callender	William	Wave 2 8:40am
<b>Carpenter</b>	<b>Lauren</b>	<b>Wave 2 8:40am</b>
<b>Cepi</b>	<b>Marisa</b>	<b>Wave 2 8:40am</b>
Chapman	Megan	Wave 2 8:40am
<b>Choinard</b>	<b>Sarah</b>	<b>Wave 2 8:40am</b>
Cowie	Kathleen	Wave 2 8:40am
Edmonds	Tiffany	Wave 2 8:40am
<b>Edwards</b>	<b>Molly</b>	<b>Wave 2 8:40am</b>
Erf	Kelsey	Wave 2 8:40am
<b>Farrell</b>	<b>Heather</b>	<b>Wave 2 8:40am</b>
Ford	Alexa	Wave 2 8:40am
Fusco	Anthony	Wave 2 8:40am
Gavel	Jessica	Wave 2 8:40am
Griffeth	Jesa	Wave 2 8:40am
<b>Hamilton</b>	<b>William</b>	<b>Wave 2 8:40am</b>
<b>Hammer</b>	<b>Jerid</b>	<b>Wave 2 8:40am</b>
Homme	Anthea	Wave 2 8:40am
Homme	Ken	Wave 2 8:40am
Jackman	Ashley	Wave 2 8:40am
Jackman	Chelsea	Wave 2 8:40am
Jackman	Christie	Wave 2 8:40am
Jarvis	Susan	Wave 2 8:40am
Johnson	clifford	Wave 2 8:40am
Johnson	rachel	Wave 2 8:40am
<b>Klof</b>	<b>Heather</b>	<b>Wave 2 8:40am</b>
Krivanka	Dana	Wave 2 8:40am
Lee	Becky	Wave 2 8:40am
<b>Medjo</b>	<b>Kristi</b>	<b>Wave 2 8:40am</b>
Miller	Matt	Wave 2 8:40am
Morvay	Hannah	Wave 2 8:40am

Munson	Ashlyn	Wave 2 8:40am
<b>Murphy</b>	<b>Kaitlin</b>	Wave 2 8:40am
napoleon	jared	Wave 2 8:40am
<b>O'Connell</b>	<b>Daniel</b>	Wave 2 8:40am
<b>Parker</b>	<b>Mary</b>	Wave 2 8:40am
<b>Reiblich</b>	<b>Valerie</b>	Wave 2 8:40am
Ritter	David	Wave 2 8:40am
Ritter	Janet	Wave 2 8:40am
Ross	Bennett	Wave 2 8:40am
Ross	Pierce	Wave 2 8:40am
<b>Ross</b>	<b>Shan</b>	Wave 2 8:40am
Ruggiero	Lacy Mae	Wave 2 8:40am
<b>Sandrock</b>	<b>Leticia</b>	Wave 2 8:40am
Santaularia	Charles	Wave 2 8:40am
Schieffer	Shane	Wave 2 8:40am
Smith	Max	Wave 2 8:40am
<b>Valdez</b>	<b>Angie</b>	Wave 2 8:40am
Willard	Alex	Wave 2 8:40am
Willard	Cynthia	Wave 2 8:40am
Zimmerman	Jillian	Wave 2 8:40am
Anderson	Evan	Wave 3 8:50am
Anderson	Valerie	Wave 3 8:50am
Arnold	Brett	Wave 3 8:50am
Bearup	Lindsay	Wave 3 8:50am
Bibb	Sara	Wave 3 8:50am
Biven	James	Wave 3 8:50am
Bradberry	Whitney	Wave 3 8:50am
Brown	Bobby	Wave 3 8:50am
Buikema	Emily	Wave 3 8:50am
Cizik	Celeste	Wave 3 8:50am
DiFini	Sheri	Wave 3 8:50am
Dorr	Jillian	Wave 3 8:50am
Duncan	Angela	Wave 3 8:50am
Duncan	Sean	Wave 3 8:50am
Eggleston	Lindsey	Wave 3 8:50am
Everett	Lindsi	Wave 3 8:50am
Frana	Tracie	Wave 3 8:50am
Gietl	Jason	Wave 3 8:50am
Halley	Nicholas	Wave 3 8:50am
Halley	Stephanie	Wave 3 8:50am
Halulka	Jason	Wave 3 8:50am
Hausler	Kyle	Wave 3 8:50am
Henson	Sandy	Wave 3 8:50am
Jansen	Aaron	Wave 3 8:50am
Jones	Stacie	Wave 3 8:50am
Karschnick	Nicki	Wave 3 8:50am

Keene	Jaimee	Wave 3 8:50am
Kilpatrick	Laura	Wave 3 8:50am
Knierim	Heather	Wave 3 8:50am
Laffey	Brittney	Wave 3 8:50am
Lantz	Abigail	Wave 3 8:50am
Lewey	Kerstin	Wave 3 8:50am
lewis	melissa	Wave 3 8:50am
Logan	Pam	Wave 3 8:50am
Lopez Cruz	Guillermo	Wave 3 8:50am
Mason	Ryan	Wave 3 8:50am
Metz	Allyson	Wave 3 8:50am
Ortiz	Garrison	Wave 3 8:50am
Palmer	Tobie	Wave 3 8:50am
Parker	Kate	Wave 3 8:50am
Pierce	Sage	Wave 3 8:50am
Post	Candace	Wave 3 8:50am
Powell	Jeremy	Wave 3 8:50am
Powell	Melissa	Wave 3 8:50am
Richards	Joy	Wave 3 8:50am
Schlough	Tim	Wave 3 8:50am
Shakhshir	Yasmin	Wave 3 8:50am
Smith	Christie	Wave 3 8:50am
Sullivan	Katie	Wave 3 8:50am
Thomae	Elizabeth	Wave 3 8:50am
Tremoglie	Stephanie	Wave 3 8:50am
Venable	Travis	Wave 3 8:50am
Warren	Emily	Wave 3 8:50am
Wensel	Wentz	Wave 3 8:50am
Wieber	DeAnn	Wave 3 8:50am
Williams	Mike	Wave 3 8:50am
Williams	Sean	Wave 3 8:50am
Yeager	Blake	Wave 3 8:50am
Abbott	Elizabeth	Wave 4 9:00am
Adler	Zachary	Wave 4 9:00am
Alarcon	Elena	Wave 4 9:00am
Allen	Mike	Wave 4 9:00am
Ambrose	Cat	Wave 4 9:00am
Anderson	Megan	Wave 4 9:00am
Anderson	Dana	Wave 4 9:00am
Arkles	Daniel	Wave 4 9:00am
Arthur	Dawnelle	Wave 4 9:00am
B	E	Wave 4 9:00am
Barnes	Jeff	Wave 4 9:00am
Bevilacqua	Daniel	Wave 4 9:00am
Bouck	Lynn	Wave 4 9:00am
Brown	Aaron	Wave 4 9:00am

Brown	Kara	Wave 4 9:00am
Carlson	Michael	Wave 4 9:00am
Chavez	Matthew	Wave 4 9:00am
Classen	Galen	Wave 4 9:00am
Closson	Matt	Wave 4 9:00am
Collins	Catie	Wave 4 9:00am
Cousins	Chelsea	Wave 4 9:00am
Daniel	Chris	Wave 4 9:00am
Darnell	Elisabeth	Wave 4 9:00am
Daruna	Melissa	Wave 4 9:00am
Demkowicz	Michael	Wave 4 9:00am
Duke	Austin	Wave 4 9:00am
Eckert	Kori	Wave 4 9:00am
Flora	Amy	Wave 4 9:00am
Flora	Kyle	Wave 4 9:00am
Fowler	Tara	Wave 4 9:00am
Fry	Cassie	Wave 4 9:00am
Gietl	Beth	Wave 4 9:00am
Gloven	Daniel	Wave 4 9:00am
Gloven	Mackenzie	Wave 4 9:00am
Graham	April	Wave 4 9:00am
Graham	Geoff	Wave 4 9:00am
Griffith	Joe	Wave 4 9:00am
Guischard	Jeanne	Wave 4 9:00am
Gunn	Lauren	Wave 4 9:00am
Harris	James	Wave 4 9:00am
Howard	Michelle	Wave 4 9:00am
Howe	Katharine	Wave 4 9:00am
Kay	Jillian	Wave 4 9:00am
Keller	Mary	Wave 4 9:00am
Koy	Kim	Wave 4 9:00am
Leovic	Sara	Wave 4 9:00am
May	James	Wave 4 9:00am
McKenney	Kathleen	Wave 4 9:00am
McNeil	Kaylin	Wave 4 9:00am
Menendez	Caroline	Wave 4 9:00am
Miller	Rachel	Wave 4 9:00am
MILLER	SARAH	Wave 4 9:00am
Nelson	Jennifer	Wave 4 9:00am
Peery	Mackenzie	Wave 4 9:00am
Pellicci	Andrea	Wave 4 9:00am
Peters	Maxwell	Wave 4 9:00am
Pignatelli	Drew	Wave 4 9:00am
Quinn	Darren	Wave 4 9:00am
Regnier	Amy	Wave 4 9:00am
Riechers	Keri	Wave 4 9:00am
Roberts	Joianna	Wave 4 9:00am

ROWLAND	DEREK	Wave 4 9:00am
ROWLAND	HARPER	Wave 4 9:00am
ROWLAND	JENNA	Wave 4 9:00am
Schwartz	Andrea	Wave 4 9:00am
Stafford	Hannah	Wave 4 9:00am
Thomas	Kelly	Wave 4 9:00am
Ward	Morgan	Wave 4 9:00am
Weatherford	JT	Wave 4 9:00am
Webb	Deirdre	Wave 4 9:00am
Wolff	Kaitlin	Wave 4 9:00am
Wyka	Matthew	Wave 4 9:00am
Ziedin	Margaret	Wave 4 9:00am
Zimmerman	Alicia	Wave 4 9:00am